



**4th ASIAN OCEAN RACING
AND STAND UP PADDLING CHAMPIONSHIPS 2024
AND ASIAN CANOE MARATHON CHAMPIONSHIPS 2024**

4th Asian Ocean Racing and Stand-Up Paddling Championships

and

4th Asian Canoe Marathon Championships

Rayong, Thailand

November 17th – 23rd, 2024

Bulletin 2

This bulletin is contained about the detail of venue layout,
accommodation, deadline, etc.

International Technical Official (ITO) Seminars & Exams

The ACC Canoe Marathon Committee will organize an International Technical Official Seminar and Exam in Rayong (Thailand) on Asian Marathon Championships in accordance with 1.15 of the ICF CAM competition rule. (The exam will be in-person during the competition). All expenses are to be paid by the candidate.

Only national federations are entitled to nominate candidates for examination. Application Form as follows. [icf_examination_application_form.doc \(live.com\)](#)

*The deadline for nomination is 31st October 2024.

- Seminar 20th November 2024
- Exam 21st - 23rd November 2024 announce to each candidates.

The application must be sent to the ICF headquarters (Hoichan.kwon@canoeicf.com) and ruud.heijseelaar@canoeicf.com with the proper examination form designed by the ICF and published on the ICF website. Please also CC to HOC via CAM.COR.RCAT@gmail.com

<https://www.canoeicf.com/officials>

ITO training camp

The ACC Canoe Marathon Committee will organize "CAM ITO's training camp" under the ICF guidance, and anyone who qualifies as an ITO is encouraged to attend.

This will be held to promote the canoe marathon competition in Asia, improve your technical official's skills and gain more experience. In the future, we aim to participate in big events as an international competition. In particular, new ITOs who get the license last year are encouraged to actively participate.

The HOC will provide accommodation and lunch. During the competition, you will be engaged as an ITO and receive instruction from the International Canoe Federation.

The number of people is limited. If the number of applicants exceeds the limit, they may not be hired.

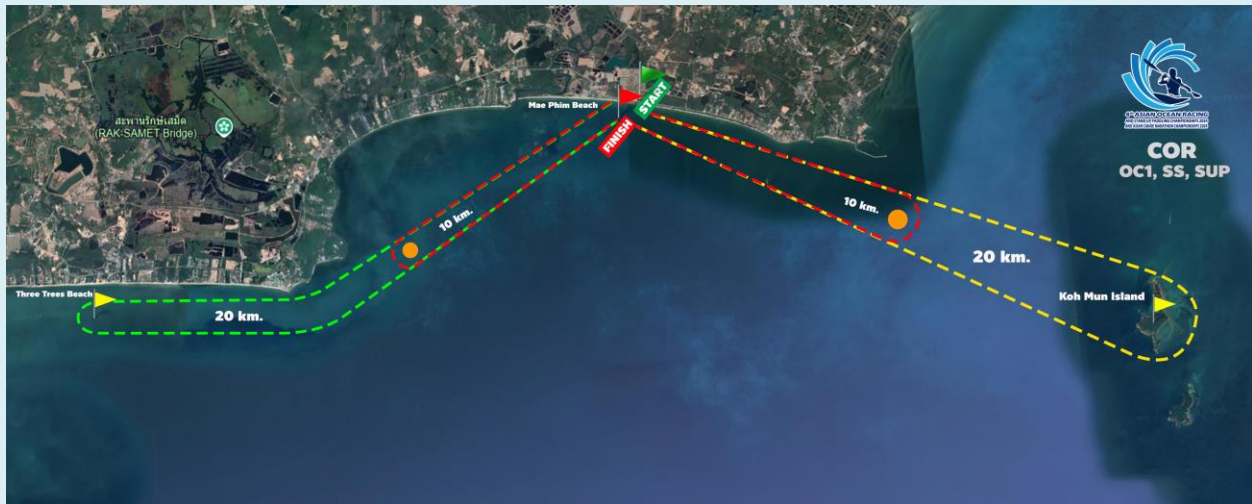
For inquiries, please contact Miki of the ACC CAM Committee. mikibando4@gmail.com

The deadline for participation is 25th October 2024.

The application is <https://forms.gle/tKbLvZuSHkTChLcu5>

Course layout

Canoe Ocean Racing & Stand-Up Paddle Board



Day 1 of competition (21st November 2024)

SS, OC1 (Yellow route): Total distances: 20 km.

SUP (Red route): Total distances: 10 km.



Day 2 of competition (22nd November 2024)

SS, OC1 (Green route): Total distances: 20 km.

SUP (Red route): Total distances: 10 km.

Canoe Marathon



- Yellow: First Lap
- Blue: Portages Lap
- Red: Last Lap



Day 2 of competition (22nd November 2024)

Short Distance

Classes	Classes	Distances
Men	C1, K1	3.4 Km (3 short laps, 2 portages)
Women	C1, K1	3.4 Km (3 short laps, 2 portages)



Day 3 of competition (23rd November 2024)

Long Distance

Classes	Classes	Distances
Senior Men	K1	13 Km (4 laps, 3portages +1short lap)
	C1	10 Km (3 laps, 2portages +1short lap)
Senior Women	C1, K1	10 Km (3 laps, 2portages +1short lap)
U23 Men	C1, K1	10 Km (3 laps, 2portages +1short lap)
U23 Women	C1, K1	10 Km (3 laps, 2portages +1short lap)
Junior Men	C1, K1	10 Km (3 laps, 2portages +1short lap)
Junior Women	C1, K1	10 Km (3 laps, 2portages +1short lap)

Notice

- **Long Distance Race**
One Long Lap = 3 km
Portages for all categories, only first lap no portage (first portage after approximately 6 km), and after last portage an additional 1 short lap of 1 km.
- **Short Distance Race**
Short lap x 3, 2 portages

Weather Conditions

The past average weather conditions at Mae Phim Beach, Rayong in November are as follows:

Average daily maximum air temperature (°C)	32 °C	Average relative humidity (%)	73%
Average daily minimum air temperature (°C)	23 °C	Average monthly rainfall (mm)	49 mm.
Average Temperature (°C)	26.6 °C		

Accommodation

Official hotels which are provided by HOC for all team is only at these following accommodation lists;

Mae Pim Resort- Rayong



Single room 105 USD



Twin room 75 USD

The accommodation fee must be transferred to (RCAT Bank Account)

Please kindly ask the invoice to CAM.COR.RCAT@gmail.com.

Please find the attachment **Annex 4** for Accommodation Reservation.

Transportation

OC arranges the round trip (arrival and departure) from airport – official accommodation.

- **Suvarnabhumi International Airport (BKK):** 80 USD/person. The meeting point at Arrival floor at the between Exit 3-4.
- **Don Muang International Airport (DMK):** 100 USD/person. The meeting point at: Arrival floor at Exit 5.
- **U – Tapao International Airport (UTP):** 40 USD/person. The meeting point at Arrival floor Exit 2.

The boat transportation in case of bringing your own boats, the fee is **3,500 THB** per one way trip.

Please find the attachment **Annex 5** for Transportation Reservation.

Unofficial Training

For teams who reserved the official hotel with HOC, there is no training fee and accreditation fee during the unofficial training – official competition period.

If you require to rent the boat from HOC,

Please find the attachment **Annex 6** for Boat Rental.

****Remark**** The boat will arrange as first come first serve.

RCAT Bank Account details

Bank: Krungthai Bank, Thailand

Bank Address: 286 Ramkhamhaeng Rd, Huamak, Bangkokpi,
Bangkok 10240 (Thailand)

Beneficial Name: The Rowing and Canoeing Association of Thailand

Account Number: 989-8-52035-3

SWIFT Code: KRTHTHBK

Application Fee for Thais

- **Accreditation Fee:** 500 THB
- **Boat Rental Fee:** 1000 – 1500 THB for the whole event

Deadline

Visa Application	15 October 2024
Entry by Name	20 October 2024
Accommodation Reservation	20 October 2024
Transportation Reservation	20 October 2024
Boat rental	20 October 2024



2ND ASIAN CANOE OCEAN RACING CHAMPIONSHIPS 2022

Jomtian Beach, Chonburi

2022

Thailand





3RD ASIAN CANOE OCEAN RACING AND SUP CHAMPIONSHIPS 2023

Phang-Nga

2023

Thailand





3RD ASIAN CANOE MARATHON CHAMPIONSHIPS 2023

Phang-Nga

2023

Thailand



Local food recommended



Kanom Nim Nual (desert)



Pad Thai (Flat Rice Noodle)



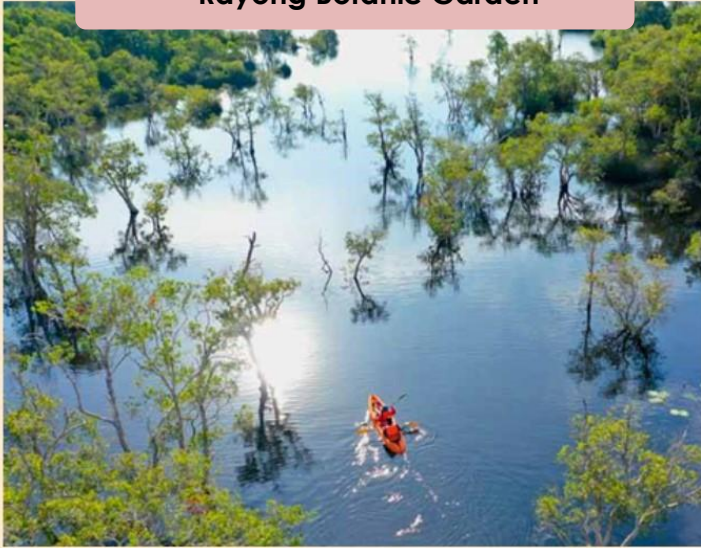
Yen Ta Fo Noodle



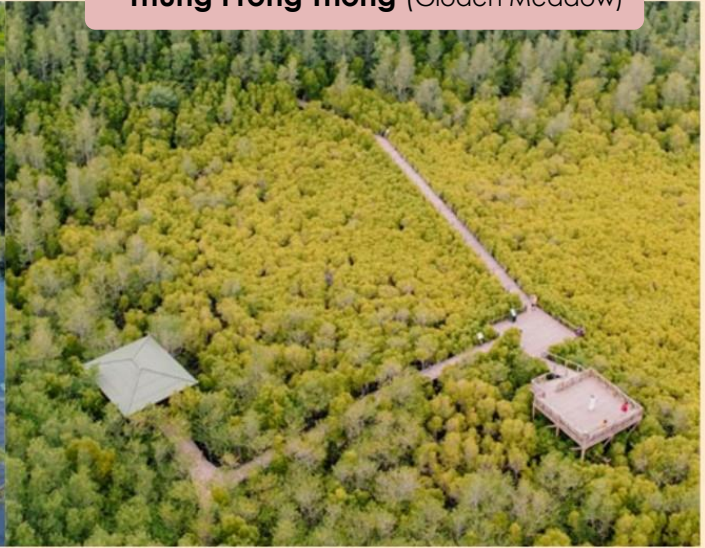
Steamed Seafood

Must Visit Places!

Rayong Botanic Garden



Thung Prong Thong (Golden Meadow)



Sea Turtle Sanctuary



Ko Man Nai



Ko Samet

